

OCTOBER | 2021

VANGUARD TECH CENTER LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 BOSCO STICKS DIPPING SAUCE CALIFORNIA BLEND FRESH VEGETABLES FRUIT CUP MILK
4 B.B.Q. PULLED PORK OR SHREDDED CHICKEN SANDWICH POTATO WEDGES FRESH VEGETABLES FRUIT CUP MILK	5 MACARONI & CHEESE W / ROLL GREEN BEANS FRESH VEGETABLES FRUIT CUP MILK	6 SOFT SHELLED TACO CHEESE & LETTUCE STEAMED CORN REFRIED BEANS FRUIT CUP MILK	7 GENERAL TSO CHICKEN W/ ROLL STEAMED RICE BROCCOLI FRUIT CUP MILK	8 MOZZARELLA STICKS DIPPING SAUCE CALIFORNIA BLEND FRESH VEGETABLES FRUIT CUP MILK
11 CHEESEBURGER PICKLES & LETTUCE FRENCH FRIES FRUIT CUP COOKIE MILK	12 MINI CORN DOGS BAKED BEANS CHIPS FRESH VEGETABLES FRUIT CUP MILK	13 BEEF & BEAN BURRITO STEAMED CORN FRESH VEGETABLES FRUIT CUP MILK	14 CHICKEN ALFREDO W / ROLL BROCCOLI FRESH VEGETABLES FRUIT CUP MILK	15 No school
18 CHICKEN PATTY SANDWICH POTATO WEDGES FRESH VEGETABLES FRUIT CUP MILK	19 CONEY FOOTLONG BAKED BEANS CHIPS FRESH VEGETABLES FRUIT CUP MILK	20 WALKING TACO CHEESE & LETTUCE SEASONED RICE STEAMED CORN FRUIT CUP MILK	21 CHICKEN GRAVY OVER MASHED POTATOES W / ROLL BUTTERED PEAS FRESH VEGETABLES FRUIT CUP MILK	22 CHEESY TEXAS TOAST DIPPING SAUCE CALIFORNIA BLEND FRESH VEGETABLES FRUIT CUP MILK
25 CHEESEBURGER PICKLES & LETTUCE POTATO WEDGES FRUIT CUP COOKIE MILK	26 MACARONI & CHEESE W / ROLL PEAS & CARROTS FRESH VEGETABLES FRUIT CUP MILK	27 CHICKEN QUESADILLA MIXED VEGETABLES FIESTA RICE FRESH VEGETABLES FRUIT CUP MILK	28 SPAGHETTI BAKE BREADSTICK GREEN BEANS FRESH VEGETABLES FRUIT CUP MILK	29 NACHOS BEEF & CHEESE STEAMED CORN REFRIED BEANS FRUIT CUP MILK

News

FREE

**BREAKFAST AND
LUNCH
FOR ALL STUDENTS
FOR THE SCHOOL
YEAR 2021-2022**

DAILY ADDITIONAL LUNCH OPTIONS

PIZZA
CHEF SALAD
DELI SUB SANDWICH

**YOU WILL NEED MONEY
ON YOUR LUNCH
ACCOUNT TO
PURCHASE EXTRA
ITEMS**

**FOR QUESTIONS
CALL 419-332-2626
EXT: 2730**

**THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER.**

**MENU IS SUBJECT TO
CHANGE AS NEEDED.**