

DECEMBER 2023

VANGUARD TECH CENTER LUNCH MENU

MONDAY	,	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
M/ PEAS & C FRESH VEGE		NACHOS REFRIED BEANS CORN FRESH VEGETABLES FRUIT CHOICE MILK	29 SPA	GHETTI W/ MEAT SAUCE BREAD STICK PEAS & CARROTS FRESH VEGETABLES FRUIT CHOICE MILK	30 _B	READED CHICKEN PATTY SANDWICH FRENCH FRIES FRESH VEGETABLES FRUIT CHOICE MILK	1	GENERAL TSO POPCORN CHICKEN STEAMED RICE BROCCOLI FRESH VEGETABLES FRUIT CHOICE MILK	
CELERY & PEANUT	PATTIES I BROWN	CHICKEN ALFREDO BROCCOLI/ROLL FRESH VEGETABLE FRUIT CHOICE MILK	6	SHREDDED CHICKEN SANDWICHES BAKED BEANS FRESH VEGETABLE FRUIT CHOICE MILK	7	POPCORN CHICKEN BOWL MASHED POTATO & GRAVY/ROLL STEAMED CORN FRESH VEGETABLES FRUIT CHOICE MILK	8 _{GR}	EILLED CHEESE & TOMATO SOUP FRESH VEGETABLES FRUIT CHOICE MILK	
11 CHICKEN STEAMED REFRIED FRESH VEGE FRUIT C	CORN BEANS TABLE	MINI CORNDOGS BAKED BEANS FRESH VEGETABLES FRUIT CHOICE MILK	13	CHEESE BURGERS FRENCH FRIES FRESH VEGETABLES FRUIT CHOICE MILK	14 MASH	CHICKEN DRUMSTICKS IED POTATOES W/ GRAVY GREEN BEANS FRESH VEGETABLES FRUIT CHOICE MILK	15	PHILLY CHEESE STEAKS CALIFORNIA BLEND FRESH VEGETABLES FRUIT CHOICE MILK	
16RILLED CHEESE & TO FRESH VEGET FRUIT O	SOUP ABLES	MAC & CHEESE GREEN BEANS FRESH VEGETABLES FRUIT CHOICE MILK	20	SLOPPY JOES BAKED BEANS FRESH VEGETABLES FRUIT CHOICE MILK	21	BONELESS WINGS FRENCH FRIES FRESH VEGETABLES FRUIT CHOICE MILK	22	NO SCHOOL!	
25 NO SC	chool! 26	NO SCHOOL!	27	NO SCHOOL!	28	NO SCHOOL!	29	NO SCHOOL!	

News

BREAKFAST SERVED DAILY

7:30-8:20 MAIN ENTRÉE-FRUIT-JUICE-MILK PAID \$1.75

LUNCH PRICES PAID LUNCH \$3.00

ADULT \$3.50

ADDITIONAL DAILY LUNCH OPTIONS

ASSORTED PIZZA'S WRAPS & SALADS

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