

## **Invitation to Participate in VSCTC District Wellness Plan Review**

**2024-2025 School Year**

**The Vanguard Sentinel Career and Technology Centers (VSCTC) invites all staff, students, parents and guardians and community members to participate in the review and revision of our district wellness plan. Your input is invaluable in shaping a comprehensive wellness policy that promotes the health and well-being of our school community.**

**If you are interested in being part of the wellness assessment and plan revision team, please contact TJ Laird, VSCTC Cafeteria Manager, at 419-332-2626 or via email at [trlaird@vsctc.org](mailto:trlaird@vsctc.org).**

### **Upcoming Meeting Dates:**

- **December 18, 2024**
- **March 3, 2025**
- **May 5,, 2025**

**We encourage all who are passionate about fostering a healthy and supportive environment at VSCTC to join us in these important discussions.**